



Two-Eyed Seeing Cultural Workshop Series

with Dr Lewis Mehl-Madrona
and Barbara Mainguy

Who should attend

These events are designed for health care professionals and community members interested in improving health care in rural and remote areas.

Registration and enquiries
crh.seminars@flinders.edu.au
(please specify individual events)
Continuous tea and coffee, morning tea
and lunch provided

Workshop Program

Date	Time	Location	Details
Mon 19 Aug	9:30am - 3:30pm		Incorporating Circle Processes Understand, participate in, and acquire the necessary skills and knowledge to implement talking circles.
Tue 20 Aug	9:30am - 3:30pm	DoubleTree Hilton 82 Barrett Drive	Culturally Friendly Ways of Addressing Addictions Learn about our own type of Narrative Therapy to especially support Indigenous people with addictions.
Wed 21 Aug	9:30am - 3:30pm	Alice Springs	Addressing Suicide Prevention and Working With People Who Have Attempted Explore a process including effects of trauma, life story interviews, genogram use, sorry business, and counter-narratives.
Thu 22 Aug	9:30am - 3:30pm		Culturally Syntonic Forms of Counselling and Creating Functional Multi-Disciplinary Teams Exploring the wisdom of Indigenous people and the psychobiosocialspiritual perspective.



Dr. Lewis Mehl-Madrona is a family physician, psychiatrist, neuropsychologist, and geriatrician affiliated with the University Of New England College Of Medicine in Maine, USA. He comes from North American indigenous origins, his mother's family being Cherokee, and his father's being Lakota. Lewis' research has focused on traditional North American Indigenous healing and healers, their efficacy for mental and physical illnesses, how they approach their work, their role in managing diabetes, preventing domestic violence, their thoughts about mental health training, and their relationships with family medicine. Lewis has consulted to Aboriginal nations in Australia about how to bring their own culture back into their health care.



Barbara Mainguy, MA, is a psychotherapist with strong roots in Indigenous cultures. She received her degrees from the University of Toronto and Concordia University in Montreal. Prior to her education, she worked extensively with aboriginal women in the psychiatric system as an artist in residence. Currently Barbara works with Wabanaki Health and Wellness, an urban NGO that provides services to aboriginal people off-reserve. She is the co-author of *Remapping Your Mind: The Neuroscience of Transformation through Story*, and is currently at work on a book entitled *Narrative Hypnosis: The Art of Telling Really Good Stories*. She has also consulted to Aboriginal nations in Australia about bringing their own culture into their health care.

Please note there is no charge for these events but places are limited. RSVP is necessary

The views, opinions, methodologies, practices or information expressed by guest speakers and those providing comments are theirs alone, and do not necessarily reflect those of the Centre for Remote Health.