



Going beyond the apology to Aboriginal and Torres Strait Islander peoples

— Professor Tim Carey and Tanja Hirvonen —

Who should attend

This workshop is relevant for registered psychologists, psychology students and persons working in the areas of wellbeing and mental health, whether or not they are currently working with Aboriginal and Torres Strait Islander peoples, communities or organisations.

Workshop Outline

- Revisiting the Apology - a focus on the wording
- What was the need for the Apology?
- Social and Emotional Wellbeing (SEWB) and the connection with mental health - does it fit or does it not?
- Practical implications of the Apology - what are we doing or not doing differently?
- Identifying principles of effective therapy that apply cross-culturally
- Barriers to implementing the Apology: Identifying what they are and how to overcome them

Workshop

Fri 14 Sep 2018

9:00am - 12:00pm

Centre for Remote Health
Cnr Simpson & Skinner Streets
Alice Springs Northern Territory
Lecture Room 1 & 2

To register email:

crh.seminars@flinders.edu.au



Tim Carey PhD, MAPS

Professor Tim Carey is Director of the Centre for Remote Health in Alice Springs. His research interests include topics concerning health services including access to services as well as flexible and responsive approaches to psychological treatments.

Tim has expertise in both quantitative and qualitative methodologies and has published work across a range of different approaches including systematic reviews, qualitative investigations, and program evaluations. He has over 100 publications including peer reviewed journal articles, books, and book chapters.

In addition to his PhD he has an MSc (Statistics) and a Postgraduate Certificate in Biostatistics. He has served on Grant Review Panels for the NHMRC since 2011 and, for for the last two years, he has been a member of the Indigenous Grant Review Panel.



Ms Tanja Hirvonen is a registered clinical psychologist who specialises in Aboriginal mental health, social and emotional wellbeing, health professionals' self-care and trauma. Ms Hirvonen is a Mental Health Academic at the Centre for Remote Health, where she is responsible for research collaborations and promoting mental health education and understandings in remote areas.

She received a Clinical Masters in Psychology from James Cook University in 2014, writing a dissertation on the effects of Knowledge of Mental Health and Conflicting Attitudes to Suicide within an Australian Population. Ms Hirvonen brings to the project her skills in community engagement to ensure that protocols and culture are respected with the overall aim of improving the health and wellbeing of Indigenous Australians and all Australians through trauma-informed, evidence-based practices.

Please note there is no charge for this event but places are limited. RSVP is necessary

The views, opinions, methodologies, practices or information expressed by guest speakers and those providing comments are theirs alone, and do not necessarily reflect those of the Centre for Remote Health.